



TEN ACTIONS TO IMPROVE CONFIDENCE

ENGINEERING MANAGEMENT INSTITUTE

1. Always be prepared for what's ahead.
2. Become knowledgeable in your area of technical expertise.
3. Set achievable goals.
4. Seek advice from confident experienced engineering professionals.
5. Be assertive and stand up for what you believe in.
6. Avoid acting in a condescending manner.
7. Avoid negative people.
8. Don't be serious all of the time.
9. Dress for success.
10. Always move beyond your comfort zone.